

CICLO PARA ADULTOS

*EN ORACIÓN NOS PREPARAMOS
PARA EL JUBILEO 2025*



EQUIPO NACIONAL
DE FORMACIÓN

FACCA
somos misión





Queridos hermanos y hermanas:

Hoy terminamos las catequesis sobre la oración. Una de las características más evidentes de la vida de Jesús es su diálogo con el Padre en la oración y, como testimonian los Evangelios, este diálogo se hizo más intenso en la hora de su pasión y su muerte. En el huerto de los Olivos, Jesús reza con temor y angustia, y se dirige a Dios llamándolo “Abbá”, es decir, “Papá”, una palabra aramea que expresa intimidad y confianza.

También en la oscuridad y el silencio de la cruz Jesús invoca a Dios como Padre. En ese momento, en medio de atroces dolores, Jesús es el intercesor absoluto. Pide por los demás, pide por todos, incluso por quienes lo condenan. Suplica con palabras de los salmos, uniéndose a los pobres y olvidados del mundo. Desahoga la angustia de su corazón de manera muy humana, sin dejar de confiar plenamente en el Padre, consciente de su filiación divina hasta el último respiro en la cruz, cuando entrega su espíritu en las manos del Padre.

Francisco

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38. LA ORACIÓN PASCUAL DE JESÚS POR NOSOTROS





Para reflexionar:

- *“Para adentrarnos en el misterio de la oración de Jesús nos detenemos en la que se llama “oración sacerdotal”, recogida en el capítulo 17 del Evangelio de Juan. El contexto de esta oración es pascual. Jesús se dirige al Padre al final de la Última Cena, en la que instituye la Eucaristía. En su oración va más allá de los comensales, intercede y abraza al mundo entero, su mirada nos alcanza a todos. Esto nos recuerda que, aun en medio de los más grandes sufrimientos, no estamos solos, ya hemos sido acogidos en el diálogo de Jesús con el Padre, en comunión con el Padre, el Hijo y el Espíritu Santo.”*



PSALMS 24-26

¹⁰ Who is he, this King of glory?
The LORD Almighty—
he is the King of glory.

Psalm 25^a
Of David.

¹ In you, LORD my God,
I put my trust.

² I trust in you;
do not let me be put to shame,
nor let my enemies triumph over me.

³ No one who hopes in you
will ever be put to shame,
but shame will come on those
who are treacherous without cause.

⁴ Show me your ways, LORD,
teach me your paths.

⁵ Guide me in your truth and teach me,
for you are God my Savior,
and my hope is in you all day long.

⁶ Remember, LORD, your great mercy
and love,
for they are from of old.

⁷ Do not remember the sins of my youth
and my rebellious ways;
according to your love remember me,
for you, LORD, are good.

⁸ Good and upright is the LORD;
therefore he instructs sinners in his
ways.

⁹ He guides the humble in what is right
and teaches them his way.

¹⁰ All the ways of the LORD are loving
and faithful
toward those who keep the
demands of his covenant.

¹¹ For the sake of your name, LORD,
forgive my iniquity, though it is
great.

¹² Who, then, are those who fear the
LORD?
He will instruct them in the ways
they should choose.^b

¹³ They will spend their days in
prosperity,
and their descendants will inherit
the land.

¹⁴ The LORD confides in those who fear
him;
he makes his covenant known to
them.

^a This psalm is an acrostic poem, the verses of which begin with the successive letters of the Hebrew alphabet.

^b 12 Or ways he chooses. ^c 21 Septuagint: Hebrew does not have LORD.

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¹⁵ My eyes are ever on the LORD,
for only he will release my feet from
the snare.

¹⁶ Turn to me and be gracious to me,
for I am lonely and afflicted.

¹⁷ Relieve the troubles of my heart
and free me from my anguish.

¹⁸ Look on my affliction and my distress
and take away all my sins.

¹⁹ See how numerous are my enemies
and how fiercely they hate me!

²⁰ Guard my life and rescue me;
do not let me be put to shame
for I take refuge in you.

²¹ May integrity and uprightness
protect me,
because my hope, LORD, is in you.

²² Deliver Israel, O God,
from all their troubles.

Psalm 26^a
Of David.

¹ Vindicate me, LORD,
for I have led a blameless life;
I have trusted in the LORD
and have not faltered.

² Test me, LORD, and try me;
examine my heart and my mind;
for I have always been mindful of your
unfailing love
and have lived in reliance on your
faithfulness.

⁴ I do not sit with the deceitful,
nor do I associate with hypocrites.

⁵ I abhor the assembly of evildoers
and refuse to sit with the wicked.

⁶ I wash my hands in innocence,
and go about your altar, LORD,
proclaiming aloud your praise
and telling of all your wonderful
deeds.

⁸ LORD, I love the house where you live,
the place where your glory dwells.

⁹ Do not take away my soul along with
sinners,
my life with those who are
bloodthirsty.

¹⁰ In whose hands are wicked schemes,
whose right hands are full of bribes.

¹¹ I lead a blameless life;
deliver me and be merciful to me.

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¹¹ My feet stand on level ground;
in the great congregation I will
praise the LORD.

Psalm 27^a
Of David.

The LORD is my light and my
salvation—
whom shall I fear?
The LORD is the stronghold of my
life—
of whom shall I be afraid?

² When the wicked advance against me
to devour me,
my enemies and my foes
will stumble and fall,
and they will be destroyed.

³ Though an army besiege me,
though war break out against me,
even then I will be confident.

⁴ One thing I ask from the LORD,
this only do I seek:
that I may dwell in the house of the
LORD
all the days of my life,
to gaze on the beauty of the LORD
and to seek him in his temple.

⁵ For in the day of trouble
he will keep me safe in his dwelling;
he will hide me in the shelter of his
sacred tent
and set me high upon a rock.

⁶ Then my head will be exalted
above the enemies who surround
me;
at his sacred tent I will sacrifice with
shouts of joy;
I will sing and make music to the
LORD.

⁷ Hear my voice when I call, LORD;
be merciful to me and answer me.
Your face, LORD, I will seek.
Do not hide your face from me,
do not turn your servant away in
anger;
you have been my helper.

⁸ Do not reject me or forsake me,
O God my Savior.
Through my father and mother forsake
me,
the LORD will receive me.

⁹ Because they have no regard for the
deeds of the LORD
and what his hands have done,
he will tear them down
and never build them up again.

¹⁰ Praise be to the LORD,
for he has heard my cry for mercy.

¹¹ The LORD is my strength and my
shield;
my heart trusts in him, and he helps
me.
My heart leaps for joy,
and with my song I praise him.

PSALMS 26-28

¹¹ Teach me your way, LORD;
lead me in a straight path
because of my oppressors.

¹² Do not turn me over to the desire of
my foes,
for false witnesses rise up against
me,
spouting malicious accusations.

¹³ I remain confident of this:
I will see the goodness of the LORD
in the land of the living.

¹⁴ Wait for the LORD;
be strong and take heart
and wait for the LORD.

Psalm 28^a
Of David.

¹ To you, LORD, I call;
you are my Rock,
do not turn a deaf ear to me.
For if you remain silent,
I will be like those who go down to
the pit.

² Hear my cry for mercy
as I call to you for help,
as I lift up my hands
toward your Most Holy Place.

³ Do not drag me away with the
wicked,
with those who do evil,
who speak cordially with their
neighbors
but harbor malice in their hearts.

⁴ Repay them for their deeds
and for their evil work;
repay them for what their hands have
done
and bring back on them what they
deserve.

⁵ Because they have no regard for the
deeds of the LORD
and what his hands have done,
he will tear them down
and never build them up again.

⁶ Praise be to the LORD,
for he has heard my cry for mercy.

⁷ The LORD is my strength and my
shield;
my heart trusts in him, and he helps
me.
My heart leaps for joy,
and with my song I praise him.



Para reflexionar:

- *“Esta es la última catequesis de este ciclo sobre la oración: recordar la gracia de que nosotros no solamente rezamos, sino que, por así decir, hemos sido “rezados”, ya somos acogidos en el diálogo de Jesús con el Padre, en la comunión del Espíritu Santo. Jesús reza por mí: cada uno de nosotros puede poner esto en el corazón, no hay que olvidarlo. También en los peores momentos. Somos ya acogidos en el diálogo de Jesús con el Padre en la comunión del Espíritu Santo. Hemos sido queridos en Cristo Jesús, y también en la hora de la pasión, muerte y resurrección todo ha sido ofrecido por nosotros. Y entonces, con la oración y con la vida, no nos queda más que tener valentía, esperanza y con esta valentía y esperanza sentir fuerte la oración de Jesús e ir adelante: que nuestra vida sea un dar gloria a Dios conscientes de que Él reza por mí al Padre, que Jesús reza por mí.”*
- *Rezá con fervor para preparar tu corazón para el Jubileo 2025*
- *Como discípulo misionero, ¿Qué acciones puedo proponer en lo personal y/o comunitario para ayudar a vivir mejor este Año de Oración en preparación al Jubileo 2025?*



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